



GROUP GUIDELINES

You have the right to confidentiality and privacy by D2Counseling's clinician(s) as the group facilitator(s) and other group members. Confidentiality within the group setting is a shared responsibility for all members and clinicians, as the facilitator. While clinicians may not disclose any client communications or information except as provided by law, group members' communications are not protected. As such, confidentiality within the group is based on mutual trust and respect.

Clinicians adhere to professional, legal, and ethical guidelines of confidentiality established by the professional organizations they are a member of and by the state law. Legal and ethical exceptions to confidentiality include: a clear and present danger to harm yourself or another, knowledge of the abuse of a minor, a dependent adult or and elder, or in responses to a court subpoena or as otherwise required by law. As a member of this group, you agree not to disclose to anyone outside the group any information that may help to identify another group member. This includes, but is not limited to, names, physical descriptions, biological information, and specifics to the content of interactions with other group members.

Additional group agreements:

Guidelines for Group Therapy

1. Group is a commitment to self as well as to other group members.
 - a. Please come and leave on time.
 - b. Please let us know (in advance if possible) if you have to be absent or late or leave early.
 - c. You are asked to commit to 10 sessions minimum when you join group. It takes time to adjust to group process.
2. Group works best when you attend on a REGULAR, WEEKLY BASIS.
3. Payment for group is expected at the first of the month-unless other arrangements have been made with us in advance. Group is paid by the month so it is a monthly charge (based on the number of meetings that month). Absences are paid by you.

4. Any client not attending group for two consecutive weeks without notifying group may be withdrawn from group and is financially responsible for the sessions remaining in that month.
5. Any member electing to discontinue group will announce to group at least 2 sessions in advance of leaving to allow for processing out. Members electing to leave group without processing out will be financially responsible for any sessions remaining in the month.
6. Confidentiality about content from within group is paramount and you commit to keeping it confidential.
7. Group process works best within group. Group members will not sub-group/meet outside of group. If you have a previous relationship with someone in the group, we ask that you please agree to stay away from discussions about group and group content.

Group Member Signature

Date

Print Name

Facilitators:

Dina Hijazi, PhD

Daniel Gowan, LCDC, LPC-S

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